

Le bien-être

HOTEL GRANTA PAREY

ENTRANCES

Classic

50-minute exclusive by reservation and kit including towel, bathrobe and flipflop, accompanied by infusion.
€ 15,00 (€ 25,00 for external customers)

Special Granta Parey

50-minute exclusive by reservation and kit including towel, bathrobe and slippers, accompanied by a bottle of prosecco and fresh fruit.
€ 25,00 (€ 35,00 for external customers)

SHORT MASSAGES

Facial massage

A gentle massage that relaxes the features, relieves tension through strokes and gentle pressure, giving the face a new radiance and warmth.

Massage duration: 25 minutes
€ 38,00

Local massage

A gentle movement exclusively to one part of the body (back, legs, neck) to restore well-being and serenity.

Massage duration: 25 minutes
€ 38,00

TRADITIONAL MASSAGGES

Antistress massage

A harmonious, flowing body and face massage that gently pampers and cradles. The result is relaxing sensations that release accumulated stress.

Massage duration: 50 minuti
€ 60,00

Traditional massage

Massage with wide and deep movements, acting on the muscles and circulation of the body, stimulating the metabolism and renewing the epidermis.

Massage duration: 50 minuti
€ 60,00

Sport massage

Intense massage indicated for those who wish to receive deep work on the muscle strips for an alleviation of lactic acid build-up with a defatiguing effect.

Massage duration: 50 minuti
€ 65,00

PLUS MASSAGES

Lymphatic drainage massage

Manual lymphatic drainage is a technique of gentle massage that helps reduce lymph stasis, lymphatic stasis and toxins that cause oedema, allergies and water retention.

Massage duration: 50 minuti
€ 70,00

Shaping and anti-cellulite massage

Massage that speeds up blood flow so as to get the nourishment to the cells more deeply and rid them of waste at the same time. It has the advantage of combining moments of drainage with moments of remodelling.

Massage duration: 50 minuti
€ 70,00

PACKAGES

Violetta package

3 massages to choose between traditional massage, sport massage, anti-stress massage and facial massage.

€ 150,00

Stella Alpina package

5 massages to choose between traditional massage, sport massage, anti-stress massage and facial massage.

€ 250,00

SOLARIUM

Half-body 12 minutes:

1 session € 10,00

3 sessions € 25,00

5 sessions € 45,00

Children under 12 years of age are not allowed in the spa

For info and reservations: +39 0165 936104

